

Lord's Supper Exhortation for January 17, 2021
by Rollie Morehead

Greetings, brothers and sisters. We hope and pray that you are well and safe as we look forward to the time when we can be back together again.

As we come to the time of communion which we look forward to each Lord's Day, I would like to suggest that we partake of the emblems, the bread and the juice, with five important mindsets.

1. **A prepared mind** Unplug from the roar and vibration of society. Clear our minds from the distractions of life. Gather our thoughts, collect our thoughts. As the song says, "Set my spirit free that I may worship Thee."

2. **An understanding mind** May we be vividly aware of the three basic areas of thought involved in this communion time.

I. This is a commemoration – a remembrance of Christ's death

II. This is a proclamation – When we partake of the emblems, we are openly declaring Christ's death

III. This is an examination – We take a moment to consider our lives, and see how things are going in my Christian life. These three thoughts are found in I Corinthians 11:23-29

3. **A humble mind** Being fully aware of my unworthiness of God's love, grace, mercy, forgiveness, and most of all, the gift of God's Son on that cruel cross. There's a song that says "Why should He love me so? Why should my Savior die to Calvary for me?"

4. **A repentant mind** This one is short and to the point. God be merciful to me, the sinner.

5. **A thankful mind** Thank you, Lord, for loving me, forgiving me, saving me, dying for me

Psalm 104:34

Let my meditation be pleasing to God. As for me, I shall be glad in the Lord

This verse is clearly the desire of our hearts at this time of communion.

Prayer:

Father in heaven, thank you for this special time. Would You bless the bread and juice as we remember the body and blood of Christ as He died on that cross. Please forgive and cleanse us of all sin, for we pray in Jesus' name, Amen.