Lord's Supper Exhortation 6/5/22

Romans 7:18-25

(18) For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find. (19) For that good that I will to do, I do not do; but the evil I will not to do, that I practice. (20) Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me. (21) I find then a law, that evil is present with me, the one who wills to do good. (22) For I delight in the law of God according to the inward man. (23) But I see another law in my members, warning against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

(24) O wretched man that I am! Who will deliver me from this body of death? (25) I thank God through Jesus Christ our Lord! So then, with the mind I, myself, serve the Law of God, but with the flesh, the law of sin.

For Jesus has said in the second half of Matthew 26:41b The spirit indeed is willing, but the flesh is weak.

Within ourselves there is no hope. Only through the death, burial, and resurrection of Jesus Christ do we have the hope of salvation to eternal life.