

Lord's Supper Talk

Starting Over

Good Morning and Welcome to another year brothers and sisters. Be gone 2020 and refresh and renew 2021. Now what does that look like? I don't particularly know but I am optimistic and I have faith and Hope that God will ultimately take care of all of us.

Why we take communion and why we need to remember his sacrifice.

Matthew 26:26-28

²⁶ While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body."

²⁷ Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. ²⁸ This is my blood of the ^{new} covenant, which is poured out for many for the forgiveness of sins.

We take communion to remember the sacrifice of the body and blood of Christ that was broken and poured out on the cross. Taking communion does not only remind us of his suffering but also shows us the amount of Love Jesus had, has, for us.

I take it to stop and reflect inward on the condition of my heart, hit the reset, and go forward. It's like a weekly check-in or spiritual inventory. It can be to prepare us for the week and a chance to spend some intimate time and say thank you Father for your sacrifice.

There has never in the history of the existence of life been such a greater sacrifice as this.

Prayer:

Lord Thank you for your sacrifice. As we take these emblems today let us reflect on this last year on the obstacles we faced and the blessings that we received with grace. Amen