Lords Supper Meditation April 19, 2020 Roland Morehead

Greetings Brothers and Sisters in the name of the Lord.

As we prepare our hearts and minds to observe this time of Communion (Lords Supper), I would like to read Hebrews 12:1-3.

The first verse starts out with the word "Therefore". It simply means that what follows is a reference to what was stated in the previous chapter, that being the countless, steadfast, faithful men and women who have gone on before us. It reads as follows:

"Therefore since we have so great a cloud of witnesses surrounding us, let us lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us.

<u>Looking unto Jesus</u>, the author and perfecter of faith who for the joy set before Him endured the cross, despising the shame, and has set down at the right hand of the throne of God. For <u>consider Him</u> who has endured such hostility, by sinners against Himself, so that you will not grow weary and lose heart."

Two statements that pertain to the proper partaking of the communion are:

"Looking unto Jesus" and also to "consider Him"

We do that at this time of Communion. We look unto Jesus. In other words, we fix our mental gaze upon Him and consider Him, we remember Him. We remember His earthly ministry, in which He demonstrated His concern for humanity. That being His concern for humanities physical needs, but especially humanities Spiritual needs.

We remember His horrific death on that old rugged cross, where He shed His blood for all of humanities sins, which includes us individually. That is why we partake of these emblems with thankful hearts. Praising God for the forgiveness of sins that flows from Calvary.

Jesus commands us as His children to do this in remembrance of Him. The Lords Supper is a prepared memorial for a prepared people. May the Lord bless you as you enter this time of communion prayerfully and respectfully.

Shall we look to the Lord in prayer:

Our Father in Heaven, we thank you and praise you for the gift of your Son, through whom we have forgiveness of sin. We are so blessed to possess the great hope that is ours through the risen Christ. Please forgive us and cleanse us of our sins as we recommit our lives to you. Lord as we partake of the bread, we remember your words when you instituted this time, "This is my body, do this in remembrance of me". As we partake of the cup, the fruit of the vine, we likewise remember the words you spoke, "This is my blood of the new covenant, which is poured out for you for forgiveness of sin, do this in remembrance of Me.".

Lord we thank you for this special time, please bless it as well as these emblems. We pray this in Jesus name, Amen